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## **Is Your Child's Spirit Bigger Than His Body?**

*Former Leavenworth author to explore the spiritual relationship between parents and children in a pre-Mother's Day family workshop in Kansas City*

Children's book author Rebecca Gittrich Whitecotton thinks of children as wise and ancient souls whose bodies and actions don't always reflect their true spiritual nature. She will explore the spiritual nature of parents and children and the roles that each play in life during a family workshop on Sunday, May 6. The presentation, *Magic, Intrigue and Illusion: The Virtual Reality Game of Life*, will begin at 1 p.m. Sunday, May 6 at Unity Temple on the Plaza, 707 W 47<sup>th</sup> Street in Kansas City. Admission is free.

Using magic, role playing and audience interaction, Whitecotton intends to draw children and parents alike into a playful discussion about the illusion of physical bodies, the roles parents and children have chosen to play in this lifetime, and the difference it makes when they look at themselves and each other through spiritual eyes. Whitecotton says she hopes that participants will walk away with a greater appreciation of the gifts parents and children can give each other, even though they may drive each other crazy in the process.

Whitecotton is the author of *Child of Mine, Know This*, an award-winning children's book honoring the love that bonds parents and children throughout eternity. The book reflects the spiritual message that Whitecotton brings to life in a fun and playful way in her presentations to parents and children. The entire book can be read online at <http://www.childofmineknowthis.net>.

Whitecotton, whose husband is an Air Force officer, lived at Fort Leavenworth, Kansas, from 2005 to 2006, when she moved to Scott Air Force Base in Illinois near St. Louis. In addition to writing and speaking, Whitecotton is co-founder of A Meaningful Fundraiser, an organization offering inspirational books and CDs to fundraising groups.

For more information on the workshop, please call Unity Temple on the Plaza Youth Education Director Katie Barnes, (816) 561-4466.

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***Child of Mine, Know This***

By Rebecca Gittrich Whitecotton

\$15.95 hardcover

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Child of Mine, Know This is an emotional and heartwarming love letter from parent to child about the spiritual nature of children and adults and the roles we agreed to play with each other in the adventure of life. The metaphysical message acknowledges that our children are not lesser beings simply because they are smaller, and touches on the possibilities of previous lives and the roles parents and children play to help each other on their spiritual and physical paths. A popular and unique feature is that the book was designed to be easily personalized by taping your own photographs over the photos in the book, but the book is whole and complete without added pictures. There is a special quality to the collaboration between reader and author that makes it a great idea and a totally unique book that families will cherish forever.

For more information visit [www.brighttreasures.net](http://www.brighttreasures.net) or [www.childofmineknowthis.net](http://www.childofmineknowthis.net)

**About the Author**

Rebecca Gittrich Whitecotton is a mom, writer, editor and graphic designer who lives in Illinois with her children and husband. *Child of Mine, Know This* is Whitecotton's first children's book, but she is no stranger to writing. She has written for such publications as the *Chicago Tribune*, the *Chicago Suburban Times* newspapers, *Chicago Parent* and other magazines, and has worked as a reporter, editor, freelance writer, public relations director, marketing director and graphic designer. She has a bachelor's degree in journalism from Northwestern University and a master's degree in sociology with a concentration in religion from The University of New Mexico.

### What People Are Saying

*"This is the single most imaginative children's book to come along in ages. What a marvelous enticement for a young mind! I am thrilled to add my kudos to the mountain of praises I am sure this book will garner."*— **Neale Donald Walsch**, Author, *Conversations with God*

**"A hallmark book in an age of emerging global consciousness."**  
— *Light of Consciousness* magazine, Winter 2006

Winner of the **Award of Excellence** from *Children of the New Earth* magazine, October 2006

**"Child of Mine, Know This** is simply beautiful. The gorgeous, touching photographs and Whitecotton's thoughtful expression of her own spirituality make this a perfect gift for any parent - or child!"  
— Mary Manin Morrissey, author of *Building Your Field of Dreams* and *No Less Than Greatness*

*"This is a marvelous book for parents to share with their little ones, on the purposes and yearnings of parenthood and their wishes for the beautiful unfoldment of their children in love."*  
— Rev. Greg Barrette, author of *The Tao of Unity*

"What a beautiful treasure! **Child of Mine, Know This** has great potential for families who would like their children to understand the true relationship that exists between them."  
— Rev. David McClure, Windward Unity Church, Kailua, Hawaii

**"Child of Mine, Know This** is the most simple, profound story that we should read to our kids weekly!"  
— Patrice Karst, author of *God Made Easy* and *The Invisible String*